

## **COVID –19 – Information – Performing Artistes’ Offices/Studio**

If you are experiencing any of the signs of COVID 19 you must not attend the Performing Artistes’ Offices.

### The Symptoms

COVID-19 affects different people in different ways. Most infected people will develop mild to moderate illness and recover without hospitalization.

The majority of people with coronavirus will recover after rest and pain relief (such as paracetamol). The main reason people need hospital treatment is difficulty breathing.

You can access the NHS 111 website for additional information. If you are so breathless that you are unable to speak more than a few words you will be told to call 999, as this is a medical emergency.

### Safety in our workplace

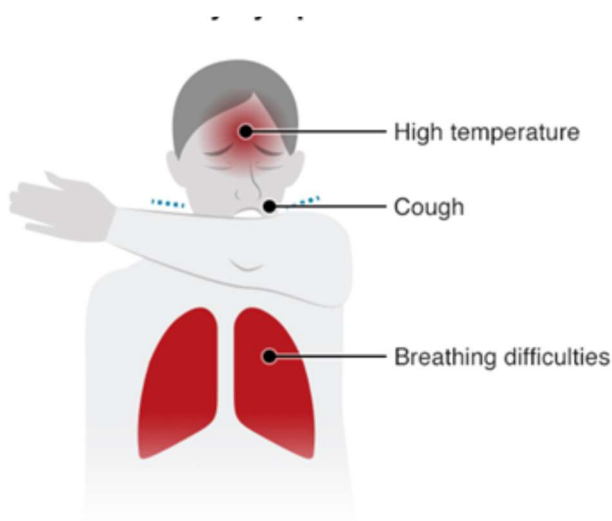
To ensure your safety at Performing Artistes we have put the following measures into place:

- Floor stickers to establish the 2 meters apart rule when moving around the office.
- Hand sanitiser found by the entrance of office. Please use on arrival.
- Face masks available on arrival.
- All equipment will be cleaned and sanitised before the next use.

On entrance and exit of the building please be aware of others when you are climbing or descending our many stairs! Please do not pass others on the stairs but wait on the landings until they or you have passed.

Toilets can be found downstairs from the office. Please use the hand sanitiser again when you re- enter the office.

## **Coronavirus: Key symptoms**



## **The business of speaking**